



# Elder Care Network New Member Cheat Sheet

## Welcome to Elder Care Network!

Hello, welcome to Elder Care Network (ECN) we are so happy that you have joined this amazing community organization! As a new member it can be slightly overwhelming so hopefully this cheat sheet will help! If you have any questions please email [haley.harrison@covellcare.com](mailto:haley.harrison@covellcare.com) or call 970-495-3442.

## What is Elder Care Network?

Elder Care Network is a volunteer support network for caregivers, family members, and seniors. We collaborate with community professions from the private, public and nonprofit sectors of Northern Colorado.

Our main goal is to respond to the needs of the aging and connect such needs with essential information and resources.

## Elder Care Network Committees

Once you have joined Elder Care Network you are now able to be on a Committee, there are different committees to suit both your interests as well as time schedule.

**Membership Committee**– Recruit, correspond and support ECN members.

Contact: David Fraser [fraser4@live.com](mailto:fraser4@live.com)

**Education Committee**– Provide educational outreach to community members.

Contact: Alan Heileman [ahileman@leisurecare.com](mailto:ahileman@leisurecare.com)

**Web Committee**– Maintain the Elder Care Network Website and Facebook Page.

Contact: Vacant

**Phone Committee**– A phone resource regarding services and community resources.

Contact: Alyssa Seaton [aseaton@ba.org](mailto:aseaton@ba.org)

**Senior Law Day Committee**– To plan, coordinate and facilitate Senior Law Day.

Contact: Kate Spruiell [kspruiell@abilityhomehc.com](mailto:kspruiell@abilityhomehc.com)

**Marketing Committee**– Promote Elder Care Network, it's members and events.

Contact: Kirstyn Wilson [kwilson@spectrumretirement.com](mailto:kwilson@spectrumretirement.com)

Haley Harrison [haley.harrison@covellcare.com](mailto:haley.harrison@covellcare.com)

**Finance Committee**– Implement, evaluate and monitor financial systems for ECN.

Contact: JoAnne Bennett [jgbfiduciary@gmail.com](mailto:jgbfiduciary@gmail.com)

**Social Committee**– Plan and coordinate ECN social events.

Contact: Kathy Gallos [kgallos@guardianmedicalmonitoring.com](mailto:kgallos@guardianmedicalmonitoring.com)

**Elder Care Resource Day**- To plan, coordinate and facilitate ECRD.

Contact: Katie Fahrenbruch [kfahenbruch@alz.org](mailto:kfahenbruch@alz.org)

**Volunteer Committee**– Recruit, train and organize volunteers for ECN.

Contact: Mimi Wahlfeldt [mwahlfel@good-sam.com](mailto:mwahlfel@good-sam.com)

## Elder Care Network Events

### **Elder Care Resource Day (ECRD)**

Informational classes for seniors or caregivers with classes by professional speakers.

### **Senior Law Day (SLD)**

Event related to Senior Law.

### **Bridging the Gap**

Informational classes for seniors or caregivers with classes by professional speakers.

### **Community Education Classes**

Quarterly educational classes, designed to broach a number of pertinent senior subjects.

