



**Elder Care
Network**
of Northern Colorado

Presents its Eighth Annual

Elder Care Resource Day ²⁰¹⁸

Saturday, April 7, 2018

Registration from 7:30 a.m. - 8:00 a.m. • Event from 8:00 a.m. - 1:45 p.m.

Fort Collins Senior Center • 1200 Raintree Drive

PLAN • LEARN • ASK

Topics Include:

- Virtual Dementia Tour
- Leaving a Legacy
- What's Your Plan?
Preparing Advance Directives
- Laughter is the Best Medicine
- 10 Ways to Love Your Brain
- Pets Need Plans Too
- How to Prepare Your Digital Estate
- I Want To Stay Home
Resources and Strategies
- Caregiving as a Team Sport
- Living Well with Low Vision and
Hearing Loss

\$10 donation includes:

registration, 3 sessions and lunch with keynote speaker

For more information or to register:

www.ElderCareNet.org • 970.495.3442

